



BHARATHIDASAN UNIVERSITY
DEPARTMENT OF PHYSICAL EDUCATION & YOGA
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Dr.R.KALIDASAN
Professor and Head

Educational and Professional Profile

Degree

- B.Sc. (Mathematics) – Madurai Kamaraj University (1989-92)
- M.P.Ed. (Physical Education) – Alagappa University (1992-94)
- M.Phil. (Physical Education) - Alagappa University (1995-96)
- Ph.D. (Physical Education) - FT - Alagappa University (1996-99)
- M.Sc. Yoga – Tamil Nadu Physical Education & Sports University (2011-13)

Diploma

- NIS Diploma in Sports Coaching (Cricket), SAI, NSWC (1994-95)
- P.G. Diploma in Sports Management, Alagappa University (1996-97)
- P.G. Diploma in Fitness Management, Bharathiar University (2005-06)
- P.G. Diploma in Yoga Education, Alagappa University (1995-96)

Eligibility test

Passed the State level Educational Test (SLET) for Lectureship in Physical Education

Job Profile

Since 2019	Professor, Department of Physical Education & Yoga, Bharathidasan University, Tiruchirappalli
2016-2019	Associate Professor, Department of Physical Education & Yoga, Bharathidasan University, Tiruchirappalli
2013-2013	Assistant Professor (SG), Department of Physical Education & Yoga, Bharathidasan University, Tiruchirappalli
2008-2013	Assistant Professor (SS), Department of Physical Education & Yoga, Bharathidasan University, Tiruchirappalli.
2006-2008	Assistant Professor, Department of Physical Education & Yoga, Bharathidasan University, Tiruchirappalli
2004-2006	Physical Director, Thiagarajar College of Engineering, Madurai (Govt. aided post)
2002-2004	Physical Director, Sri Ramakrishna Engineering College, Coimbatore
2000-2002	Physical Director, VLB Janakiammal College of Engineering & Technology, Coimbatore

Completed Projects

- **Kalidasan,R.,** (1998) Sports Science Research Fellowship, Sports Authority of India, Netaji Subhas National Institute of Sports, Patiala from 2.6.1997 to 1.6.1998.
- **Kalidasan,R.,** (2011) “Automation of drawing fixtures for inter-university tournaments in India” UGC Minor Project, July Rs.1.00 lakh
- **Kalidasan,R.,** (2016) “Influences of Specific Fitness training package and Traditional training on selected Kinanthropometrical, Biochemical, Physical and Physiological parameters among Diabetic patients” UGC Research Award Project, July Rs.20,15,465/-

Administrative and other experience

- Chairman, Board of Studies, UG programme in Physical education, Bharathidasan University, Tiruchirappalli from 22.11.2010 to 31.03.2012 and member of Board of Studies of 5 Autonomous Colleges.
- Chairman, Board of Studies, University Dept, Dept. of Physical Education, Bharathidasan University, Tiruchirappalli from 21.08.2010 to 20.8 2013 and from 16.3.2021 to till date.
- Served as Secretary of Bharathidasan University Sports and tournaments committee and looked after the entire Inter-collegiate and Inter University Sports and tournaments activities of the university from 28/09/2010 to 03/01/2013 and 21/02/2021 to till date.
- Acted as Head-in-charge of the Dept. of Physical Education, Bharathidasan University, Tiruchirappalli from 28.09.2010 to 03.01 2013.
- Presently Heading the Dept. of Physical Education & Yoga, Bharathidasan University, Tiruchirappalli from 07.01.2021 to till date.
- Served as Deputy Controller of Examinations, Centre for Distance Education, Bharathidasan University, Tiruchirappalli from 14/03/2018 to 07/01/2021.
- Presently Board of Studies Member of Alagappa University, Karaikudi, University of Madras, Chennai, Manonmaniam Sundaranar University, Tirunelveli, Gandhigram Rural Institute (Deemed University), Gandhigram and University of Madras, Chennai.
- Organized more than 20 Inter-Collegiate tournaments in various sports disciplines, athletic meets and involved in more than 10 Inter-University tournaments.
- Served as Selection Committee Member, Manager and Coach of various Universities in the game of Cricket.
- Qualified Tamil Nadu Cricket Association Umpire & BCCI Level I umpire and officiated more than 400 matches at all level since 1993.
- Organized South Zone Inter-University Hockey (Men) tournaments at Bharathidasan University Tiruchirappalli during 6 to 10 October 2012.
- Organized South Zone Inter-University Kabaddi (Men) tournament at Bharathidasan University, Tiruchirappalli from 23rd to 27th December 2021.
- Organized South Zone Inter-University Handball (Women) tournament at Bharathidasan University, Tiruchirappalli from 27th February to 2nd March 2022.
- Organized All India Inter-University Netball (Men) tournament at M.R. Arts and Science College, Thathanur from 20th to 23rd March 2022.

Overseas visits

- Presented a paper entitled ‘*Technology and its impact on Cricket Umpiring*’ at the 1st Malaysian University Sports Council International Conference 2014 organised by Malaysian University Sports Council at Kuala Lumpur on 25th & 26th Feb 2014.

- Presented a paper entitled 'An analysis of e-literature on the game of Cricket in Sport Sciences at International Conference International Conference on the Humanities and the Social Sciences (ICHSS-2016) at University of Peradeniya, Peradeniya, Sri Lanka, 27th & 28th July 2016.

Books Published

1. Sivaramakrishnan, S. and **Kalidasan, R.** (1998). **Behind the Wickets.** Karaikudi: Sathya & Sanju Publication.
2. Sivaramakrishnan, S. and **Kalidasan, R.** (1999). **Cricket for Physical Education trainees.** Karaikudi: Sathya & Sanju Publication.
3. Sivaramakrishnan, S. and **Kalidasan, R.** (2002). **Guide for Physical Education teachers.** Kottaiyur: Jayavel Offset & Screen Printers.
4. **Kalidasan, R.** and Suresh Kumar, M. (2009). **ABCs of Ball Badminton.** Karaikudi: Vinsi Publications, (ISBN No. 978-81-907441-8-8).
5. **Kalidasan, R.**, (2011). **Emerging trends in Physical Education and Sports Sciences.** Tiruchirappalli: Publication Division, Bharathidasan University, (Edited) (ISBN No. 978-81-908078-6-9).

Papers / Articles published in journals

1. **Kalidasan, R.**, Ghosh, K., Sivaramakrishnan, S., & Singh, H., (1998) Influences of training with and without selected yogic practices on technical skill level among Cricketers, *SAI Scientific Journal*, Jan, Vol.21(1) PP.25-28. (ISSN 0970-7557).
2. Dhillon, B.S., Bhangu, G.S., Dhillon, S.S., **Kalidasan, R.**, & Singh, H., (1998) Effect of three weeks training break on motor abilities & skills and the duration of training to regain the earlier level of motor abilities & skills of Hockey players, *SAI Scientific Journal*, Jan, Vol.21(1) PP.29-34. (ISSN 0970-7557).
3. **Kalidasan, R.** (1999) Long term training for Cricket, *Indian Journal of Sports Studies*, Jan-Jun, Vol.4(1) PP.11-13.
4. Sivaramakrishnan, S., & **Kalidasan, R.** (1999) Comparison of fitness level of Tamil Nadu Cricketers with the selected International norms, *Indian Journal of Sports Studies*, Jul-Dec, Vol.4(2) PP.8-10.
5. Sivaramakrishnan, S., Nageswaran, A.S., & **Kalidasan, R.** (1999) Analysis of competitive trait and state anxiety among south west zone university volleyball women players, *SAI Scientific Journal*, July, Vol.22 (3) PP.25-30.
6. Sivaramakrishnan, S., & **Kalidasan, R.** (2000) Techno-advance in Cricket umpiring – A preview, *Indian Journal of Sports Studies*, Jan-Jun, Vol 5(1), PP.21-22.
7. Sivaramakrishnan, S., & **Kalidasan, R.** (2000) Techno-advance in Cricket umpiring – A preview, *Journal of Physical Education & Sports*, Jan, Vol.5, PP.24-25.
8. காளிதாசன், இர. (2000) கிரிக்கெட் பந்து ஏன் ஸ்விங் ஆகிறது? விளையாட்டு உலகம், மே 1(12), ப.20.
9. Swatantra Gupta., Agnihotri, S.K., Sivaramakrishnan, S., & **R.Kalidasan.** (2000) Analysis of performance determining factors in Weight lifting, *Indian Journal of Sports Studies*, July-Dec, Vol.5 (2), PP.8-16.
10. **Kalidasan, R.** (2000) Awards in Cricket, *Journal of Physical Education & Sports*, Aug, Vol.7, P 33-35.
11. Sivaramakrishnan, S., & **Kalidasan, R.** (2001) Cricket Coaching – A Systematic approach, *Journal of Physical Education & Sports*, Jan, Vol.8, PP.23-24.
12. **Kalidasan, R.**, (2001) The laws of Cricket (2000 code), *Journal of Physical Education and Sports*, Jan, Vol.8, PP.30-32.
13. காளிதாசன், இர. (2001) கிரிக்கெட்டில் ஸ்பின், விளையாட்டு உலகம், மே 3(11), ப.9.
14. **Kalidasan, R.** (2001) Post-Mortem in Cricket, *Journal of Physical Education & Sports*, June, Vol.9, P.16-17.

15. Sivaramakrishnan, S., Narinder Singh Bhatial., & **Kalidasan, R.** (2001) Finger injuries in Cricket, *Indian Journal of Sports Studies*, July-Dec, Vol.6 (2), PP.30-33.
16. **Kalidasan, R.** (2001) History of Fosbury flop, *Journal of Physical Education & Sports*, Oct, Vol.10, P.10.
17. Narinder Singh Bhatial., **Kalidasan, R.**, & Sivaramakrishnan, S. (2001) Hand injuries in Cricket, *Research Bi-Annual for Movement*, Oct, Vol.18(1), PP.28-32.
18. காளிதாசன் இர. & சம்கதீன் (2002) புதிய கிரிக்கெட் விதிகள், *விளையாட்டு உலகம்*, பிப். 4(8), ப.8.
19. **Kalidasan, R.** (2002) Spin in Cricket, *Journal of Physical Education & Sports*, April, Vol.12 P.15.
20. காளிதாசன் இர. (2002) கிரிக்கெட் மட்டையைத் தேர்வு செய்வது எப்படி? *விளையாட்டு உலகம்* மே. 4(10) ப.33.
21. **Kalidasan, R.** (2002) Sports Websites, *Journal of Physical Education & Sports*, August, Vol.13, P.20.
22. Muralikrishnan, P.B., & **Kalidasan, R.** (2003) Physical Education in India needs restructuring, *Journal of Physical Education & Sports*, May, Vol.15, PP.22-24.
23. **Kalidasan, R.** (2003) Tournament organisation needs planning, *Journal of Physical Education & Sports*, Sept, Vol.16, PP.11-12.
24. **Kalidasan, R.**, (2004) How to organize Cricket net practice? *Indian Journal of Sports Studies*, Jan-Dec, Vol.3 (1&2), PP.67-69
25. **Kalidasan, R.** (2004) Game-Specific imagery training and its impact on Cricket performance, *Journal of Sports and Sports Sciences*, April Vol.27(2), P.13-21. (ISSN 0970-7557).
26. **Kalidasan, R.** (2004) Career in Sports Commentary, *Vyayam-Vidnyan*, Nov, Vol.37 (4), PP.1-2.
27. Sivaramakrishnan, S., **Kalidasan, R.**, & Ashok, C. (2005) Impact of sand training on selected Bio-motor abilities among Cricketers, *Journal of Studies in Physical Education & Sports Sciences*, Jun, Vol.1(2), PP.23-27.
28. **Kalidasan, R.** (2005) Terminology in Ball Badminton, *Journal of Physical Education & Sports*, Jul, Vol.20, PP.24-25.
29. **Kalidasan, R.** (2005) Super subs and Power play in ODI Cricket, *Journal of Studies in Physical Education & Sports Sciences*, Dec, Vol.1 (3) PP.38-42.
30. **Kalidasan, R.** (2006) Ball Badminton – A Game which needs Modernization, *Journal of Physical Education & Sports*, Feb, Vol.21 PP.9-10.
31. **Kalidasan, R.** (2007) Physical Education and sports need technological advancement, *Osmania Journal of Physical Education*, Jan-Jun. Vol.1 (ISSN:0974-7109)
32. **Kalidasan, R.**, (2007) Quotable Quotes in Cricket, *The E-Sports* 4(3) P.11.
33. **Kalidasan, R.** (2007) Cricket Coaching for beginners, *Indian Journal of Sports Studies*, Jan-Jun, Vol.7(1), PP.5-6.
34. Jayanth Kumar, A & **Kalidasan, R.** (2009) Martial arts of Tamil Nadu, *Journal of Physical Education & Sports Sciences*, March, Vol.1(4) P.1.
35. Sureshkumar, M., Muralikrishnan, P.B., & **Kalidasan, R.** (2009) Analysis of Selected Anthropometric Characteristics and Iso-Inertial Strength with Hitting Speed of Hockey Players, *Journal of Sports and Sports Sciences*, Oct. Vol.32 (4), PP.24-30. (ISSN 0970-7557).
36. Sureshkumar, M., & **Kalidasan, R.** (2009) E-Resources in Physical Education, *Vyayam-Vidnyan*, Nov. 42(4), PP.14-15.
37. Sureshkumar, M., & **Kalidasan, R.** (2010) Comparison of Sports Achievement Motivation level among different topography of Ball Badminton players, *Journal of Physical Education and Sports Sciences*, Jan, Vol.2 (1), PP.15-18.
38. Needhiraja, A., & **Kalidasan, R.** (2010) Playing position-wise analysis of selected anthropometrical, physical and performance variables among Handball players, *Bharathiar National Journal of Physical Education and Exercise Sciences*, April, Vol.1 (1) PP.73-80. (ISSN 0976-3678).

39. Needhiraja, A., & **Kalidasan, R.** (2010) Position-wise anthropometric profiles of Handball players, *Journal of Teacher Education and Research*, June, Vol.5 (1), PP.73-80. (ISSN 0974-8210).
40. Kamalakannan, K., Vijayaragunathan, N., & **Kalidasan, R.** (2010) Analysis of aquatic and land training on selected physical fitness variables among Volleyball players, *Recent Research in Science and Technology*, July, Vol.2(4), PP.5-10. (ISSN 2076-5061).
41. Kamalakannan, K., Vijayaragunathan, N., & **Kalidasan, R.** (2010) Influence of aquatic training on selected Physical fitness variables among Volleyball Players, *Indian Journal of Science and Technology*, July, Vol. 3(7), PP.743-745. (ISSN. 0974-6846).
42. Kamalakannan, K., Vijayaragunathan, N., & **Kalidasan, R.** (2010) Aquatic training with and without weights and its impact on agility and explosive power among volleyball players, *British Journal of Sports Medicine* (On-line journal), August, 44. (ISSN 4411-6117)
43. Suresh kumar, M., Ivin Jabakumar, K., & **Kalidasan, R.** (2010) Sportspersonship among Field Hockey players, *Journal of Sports and Sports Sciences*, Oct, Vol. 33, (4), PP.36-43. (ISSN 0970-7557).
44. Sureshkumar, M., & **Kalidasan, R.** (2010) Evaluation of Slap Hit in Field Hockey *Research Bi-Annual for Movement*, Oct. Vol.27(1), PP.18-27. (ISSN 0973-1989).
45. Sureshkumar, M., & **Kalidasan, R.** (2010) Position-wise analysis of Sports achievement motivations among women Ball Badminton players, *Journal of Teacher Education and Research*, Dec, Vol.5(2) PP.35-39. (ISSN 0974-8210).
46. Sureshkumar, M., & **Kalidasan, R.** (2011) Construction of skill test battery in Field hockey, *Journal of Physical Education and Sports Sciences*, Jan Vol. 3(1) PP.28-33. (ISSN 0976-6618).
47. Manikam, R., Vijayaragunathan, N., & **Kalidasan, R.** (2011) Influences of strength training packages with and without yogic practice on selected psychological and technical skill level among Football players, *Journal of Physical Education and Sports Sciences*, Jan, Vol. 3 (2) PP.17-25. (ISSN 0976-6618).
48. Balaji, P., & **Kalidasan, R.** (2011) Construction and development of game-specific competitive anxiety questionnaire for Cricketers. *Journal of experimental sciences*. Vol.2 (6) PP.23-24. (ISSN 2218-1768).
49. Samsudeen, S., & **Kalidasan, R.** (2011) Impact of field training with and without yogic practice on selected psychological performance variables among Cricket players, *Indian Journal of Yoga Exercise & Sport Science and Physical Education*, Vol. V (1) & (2), PP.26-38. (ISSN 0975-265X).
50. Sureshkumar, M., & **Kalidasan, R.** (2011) Comparison of Sports achievement motivation between Tamil Nadu and Karnataka freshers and experienced Ball Badminton players, *Vyayam-Vidnyan* , Feb, Vol.44 (1) PP.1-5. (ISSN 0975-8895).
51. Sureshkumar, M., & **Kalidasan, R.** (2011) Construction and development of skill tests and prediction of playing ability in field hockey, *Indian Journal of Research in Physical Education and sports sciences*, April-Sept, Vol.6 (1) PP.94-99. (ISSN 0973-9025).
52. Manikam, R., Vijayaragunathan, N., & **Kalidasan, R.** (2011) Impact of strength training package combined with and without yogic practices on selected motor fitness components among Football players, *International journal of sport sciences and physical education*, July, Vol.2 (2).
53. Samsudeen, S., & **Kalidasan, R.** (2011) Influence of field training with and without yogic practice on selected skills of Cricketers, *Journal of adapted Physical Education and yoga*, June Vol.1(1), PP.53-59. (ISSN 2229-4821).
54. **Kalidasan, R.**, & Needhiraja, A. (2011) Anthropometric profiling of International Handball players, *Vyayam – Vidnyan*, Nov, Vol.44 (4), PP.1-10. (ISSN 0975-8895).

55. Ivinjabakumar, K., Sureshkumar, M., **Kalidasan, R.** (2011) Influence of e-content based coaching on selected fundamental skills in field Hockey, *Recent Research in Science and Technology*, 3(1), PP.59-62. (ISSN 2076-5061)
56. Manikam, R., Vijayaragunathan, N., & **Kalidasan, R.** (2012) Influences of strength training package with and without yogic practice on selected psychological and technical skill level among Football players, *Journal of physical education and sport sciences*, Jan, Vol.3 (2) (ISSN 0976-6618).
57. Needhiraja, A., & **Kalidasan, R.** (2012) Psychological differentials among male and female Volleyball players, *Journal of Physical Education and Sports Sciences*, Jan Vol. 3 (2) PP.44-48. (ISSN 0976-6618).
58. Mohan, K., Viswanath, S., & **Kalidasan, R.** (2012) Impact of Strength training on selected strength and speed parameters among the Long jumpers, *Journal of Physical Education and allied health sciences*, Jan-Jun.2012 Vol.2.(1) PP.35-38. (ISSN 2249-2380).
59. Rajkumar, P., Nagarajan, A., & **Kalidasan, R.** (2012) Analysis of selected Physical fitness components and psychological factors among Football, Handball and Hockey players, *Journal of Physical Education and allied health sciences*, Jan-Jun. Vol.2 (1) PP.20-25. (ISSN 2249-2380).
60. Needhiraja,A. and **Kalidasan, R.** (2012) Prediction of playing ability from selected psychological variables among college level Handball players. *Journal of adapted physical education and yoga*, June, Vol.2 (1) PP.19-25. (ISSN 2229-4821)
61. Mohan, K., and **Kalidasan, R.** (2012) Impact of progressive muscle relaxation training on selected psychological characteristics among male race walkers. *Journal of physical education and sports sciences*, June, Vol.4 (1), PP.60-66. (ISSN 0976-6618)
62. Rajkumar, P., and **Kalidasan, R.** (2012) Analysis of selected physical fitness components and psychological factors among football, handball and hockey players. *Journal of physical education and sports sciences*, June, Vol.4 (1), PP.76-82. (ISSN 0976-6618)
63. Needhiraja, A., and **Kalidasan, R.** (2012) Analysis of selected anthropometric characteristics among international Handball players, *Sports Research*, July, Vol. 1(2), PP.73-80.
64. Samsudeen, S., and **Kalidasan, R.** (2012). Effect of yogic practice and aerobic exercises on selected physiological variables among Cricket players, *YOGHEAL - A Journal of scientific Yoga & Health*, Aug, Vol.1 (1), PP.26-38. (ISSN 2278-9227).
65. Jeyaraman, R., and **Kalidasan, R.** (2012). Multidimensional match analysis of Tamil nadu state under 19 badminton championships. *Thematics journal of physical education*. Aug. Vol.1 (4), PP.19-23. (ISSN 2250-3811)
66. Jeyaraman, R., and **Kalidasan, R.** (2012). Prediction of playing ability in badminton from selected anthropometrical physical and physiological characteristics among inter collegiate players. *International journal of advanced and innovative research*. Aug. Vol.1 (3), PP.47-58. (ISSN 2278-7844)
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68. Mohan, K., and **Kalidasan, R.** (2012). Combined impact of observing breathing exercise and progressive muscle relaxation training on selected physiological and psychological variables among athletes. *International journal of advanced and innovative research*. Sept. Vol.1 (4) PP. 104-114. (ISSN 2278-7844)
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73. Mohan, K., and **Kalidasan, R.**, (2013). Influence of Lydiard training with tapering on selected physical and psychological variables among male race walkers *Sports Research*, April, Vol.2 (2) PP.1-15. (ISSN 2321-6557)
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87. Vigneshwaran, G., **Kalidasan, R** & Srinivasaragavan, S. (2014). Mapping of research productivity in Physical Education - A study of global level, *Star Research*

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89. Udhayakumar, M. & **Kalidasan, R** (2014). Influences of yogic practices on blood glucose and lipid profile among male type-2 diabetics patients, *International Journal of Multidisciplinary Educational Research*, April, 3(4) (3), 202-213, ISSN 2277-7881, IF 2.735
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92. Viswanath, S., & **Kalidasan, R** (2014).Correlations of Biomechanical Characteristics with Ball speed in Penalty corner push-in, *International Journal of Recent Research and Applied Studies*, June, 1, 1(1), 1-3, ISSN 2349-4891
93. Vigneshwaran, G., **Kalidasan, R.** & Arumugam, S. (2014). Analysis of participating teams performance in the world cup Football tournament 2014, *Star Research International Journal*, August, 2, 8(1), 1-6, ISSN 2321-676X UGC approved (old) list of journal No.63023
94. Purusothaman, A., & **Kalidasan, R** (2014). Influence of Swiss ball training on selected physical physiological and performance related variables among Badminton players, *International Journal of Recent Research and Applied Studies*, Oct. 1, 5(9), 36-42, ISSN 2349-4891
95. Purusothaman, A., & **Kalidasan, R** (2014). Impact of Kettle bell training on selected physical and performance related variables among Badminton players, *Star Research International Journal*, 2, 10(5), 18-22, October, ISSN 2321-676X UGC approved (old) list of journal No.63023
96. Rajajeyakumar M, Venkatachalapathy K, Natarajan S, Dinesh T, **Kalidasan R**, Chellam N and Janitha A, (2014). Impact of Screening and Early Life Style Intervention on Pre-Obesity and to Prevent Future Risk of Adiposity Based Chronic Disease (ABCD), *Journal of Obesity & Weight Loss Therapy*, November 29, 4, 4, 239, ISSN: 2165-7904, DOI: 10.4172/2165-7904.1000239
97. Vigneshwaran, G., **Kalidasan, R** & Srinivasaragavan, S. (2014).Mapping of Soccer Research through publications output – A Study of Global level during 2009-2013, *International Journal of Recent Research and Applied Studies*, December, 1, 7(12), 45-50, ISSN 2349-4891
98. **Kalidasan, R (2015)**. It's time to BCCI to restructure its' system, *Star Research International Journal*, October, 3, 10(1), 1-2, 2015, ISSN: 2321-676X UGC approved (old) list of journal No.63023
99. **Kalidasan, R.**, & Vigneshwaran, G. (2015).Study of Indian Publications Output on Diabetes, *International Journal of Recent Research and Applied Studies*, December, 2, 12(4), 17-21 2015, ISSN 2349-4891
100. Vigneshwaran G and **Kalidasan R** (2017). Influence of varied breathing exercises on lung capacity and breath holding time among Soccer players, *OUTREACH – A Multi-Disciplinary Refereed Journal*, March, X, Special Issue-1, 288-293 ISSN (P) 0975-1246 ISRA Journal Impact Factor 7.0111
101. Vivek R & **Kalidasan R** (2019). Quantitative Assessment of 'Diabetes Type 2' Literature at Global Level - A Scientometric Study, *Journal of Xidian University*, January,13, 1, 63-71. ISSN NO: 1001-2400. An UGC-CARE Approved Group 2 Journal. Impact Factor: 5.4

102. Tharmar K and **Kalidasan R** (2019). Development of e-learning modules and to study its influences among National Eligibility Test aspirants in Physical Education subject, *Asian Review of Social Sciences*, April-June, 8, 2, 117-119 ISSN No.2249-6319, UGC approved (old) list of journal No.63275
103. Tharmar K and **Kalidasan R** (2019). Analysis of Research output on Hockey at global level: A Scientometric study, *Library Philosophy and Practice (e-journal)*, 6-27 ISSN No.1522-0222 Scopus indexed journal
104. Tharmar K and **Kalidasan R** (2019). Design and development of e-content modules and it's outcome among National Eligibility Test aspirants in Physical Education subject, *Infokara Research*, July, 8, 7, 36-44 2019 ISSN No.1021-9056, UGC Care approved journal list 2 No.15575 Impact Factor 5.3
105. Tharmar K and **Kalidasan R** (2019). Impact of self-study with and without e-learning modules among physical education students, *The International journal of analytical and experimental modal analysis*, November, XI, XI, 936-945 ISSN No.0886-9367, UGC-CARE Approved Group-A Journal. Scopus indexed journal, Impact Factor 6.3
106. Vivek R & **Kalidasan R** (2020). Varied exercise regimen and its impact on Glucose Control among type 2 Diabetes mellitus patients: A Systematic Review, *Kala: The Journal of Indian Art History Congress*, 26, No.2(XI) : 2020-2021, 133-151, ISSN : 0975-7945
107. Vivek, R., & **Kalidasan, R.** (2019). Quantitative Assessment of diabetes type 2 literature at global level - A Scientometric study, *Journal of Xidian University*, 13 (1) (online journal) (ISSN 1001-2400).
108. Vivek, R., & **Kalidasan, R.** (2020). Varied exercise regimen and its impact on glucose control among type 2 diabetes mellitus patients: A meta-analysis, *Journal of The Maharaja Sayajirao University of Baroda*, 54 (2) (ISSN: 0025-0422).

Papers / Articles published in Conferences / Seminars / Workshops

1. Sivaramakrishnan, S., and **Kalidasan, R.**, (1994) Comparison of India's performance in One day Internationals and Test matches, IX National Conference on Sports Psychology organized by Nagarjuna University, Nagarjunanagar, 6th - 8th May.
2. Sivaramakrishnan, S., and **Kalidasan, R.**, (1997) Sports achievement motivation and self concept differentials between city and combined district cricket players, X National Conference on "Sports Psychology" organized by Thiagarajar College, Madurai, 29th - 31st March.
3. Sivaramakrishnan, S., and **Kalidasan, R.**, (2000) Technological Advancement in Cricket Umpiring – A preview, National Seminar on Role of Science in Physical Education and Sports organized by Alagappa University, Karaikudi, 19th June.
4. Sivaramakrishnan, S., and **Kalidasan, R.**, (2001) Post-mortem in Cricket, National Seminar on Physical Education and Sports in the New Millennium, organized by Annamalai University, Annamalainagar, 16th & 17th March.
5. Sivaramakrishnan, S., and **Kalidasan, R.**, (2001) Cricket Nets Management, International Conference on Sports Management organized by Manonmaniam Sundaranar University hosted at Kanyakumari, 22nd to 24th August.
6. Sivaramakrishnan, S., and **Kalidasan, R.**, (2001) Indian Physical Education needs Modernization, International Conference on Physical Education, Sports Science and Medicine organized by B.H.University, Varanasi, 2nd & 3rd November.
7. Sivaramakrishnan, S., and **Kalidasan, R.**, (2003) Nutrition for Cricketers, International Conference on Physical Education and Sports Sciences organized by Sri Krishnadevaraya University, Anantapur, 8th - 10th January.
8. Sivaramakrishnan, S., and **Kalidasan, R.**, (2003) Computer program for drawing fixtures, National seminar on Emerging trends in Physical Education and Sports Sciences organized by Annamalai University, Annamalainagar, 3rd & 4th March.

9. Chandrasekar, P., and **Kalidasan,R.**, (2004) To excel in Sports and games what does an Engineering student's needs, Marketing fitness, physical education and achieving excellence in sports - the National seminar cum Workshop on "Physical Education and Sports Science" organized by Dr.Sivanthi Aditanar College of Physical Education, Tiruchendur 17th - 19th December.
10. Sivaramakrishnan, S., and **Kalidasan,R.**, (2004) Game-Specific Psych-up training and its impact on Cricket performance, Marketing fitness, physical education and achieving excellence in sports - the National seminar cum Workshop on "Physical Education and Sports Science" organized by Dr.Sivanthi Aditanar College of Physical Education, Tiruchendur, 17th - 19th December
11. Jayanth kumar, A., and **Kalidasan,R.**, (2006) A glimpse of tamil martial arts, International Conference cum Workshop on Silambam Fencing, organised by Dr.J.David Manuel Raj at Asha Nivas, Chennai, 4th to 6th December.
12. **Kalidasan,R.**, Chandrasekar, P., and Jayanth kumar, A., (2007) An analysis of stress level among Basketball, Football and Hockey players, XIX National Conference of Sports Psychology, organized by Osmania University, Hyderabad, 18th -20th January,.
13. **Kalidasan,R.**, (2007) Cricket injuries, National Seminar on New trends in Sports Medicine, organized by Bharathiar University, Coimbatore, 26th & 27th February.
14. **Kalidasan,R.**, (2007) Common Cricket Injuries, National Conference on Sports Medicine & Sports Injuries, organized by National College, Trichy, 28th February.
15. Sivaramakrishnan, S., and **Kalidasan, R.**, (2007) Game-Specific Psych-up training and its impact on Cricket performance, National seminar on Yoga for Holistic Health, organized by Tamil Nadu Physical Education & Sports University, Chennai, 10th March.
16. **Kalidasan,R.**, and Chandrasekar, P., (2007) Physical Education and yoga for Engineering Students, National conference on Modern trends and Development in yoga, organized by Bharathidasan University, Tiruchirappalli, 21st March, 2007.
17. Chandrasekar, P., Samsudeen,S., and **Kalidasan,R.**, (2007) Analysis of stress level among Badminton, Table tennis and Tennis players, National Conference on "Emerging trends in Physical Education" organized by Karunya University, Coimbatore, 14th April.
18. **Kalidasan,R.**, (2007) Physical Education and Sports needs Technological advancement, National Conference on Latest trends & Technologies Physical Education and Sports, organized by Nizam College, Hyderabad, 7th & 8th June.
19. **Kalidasan,R.**, (2007) Board of Control for Cricket in India needs restructuring, in the National Conference on "Emerging trends in Physical Education" organized by Karunya University, Coimbatore, 14th April.
20. Chandrasekar, P., Samsudeen, S., and **Kalidasan,R.**, (2007) Analysis of trait and sports competitive anxiety level among Cricket, Football and Hockey players, UGC sponsored International Conference for Sports Administrators, organized by M.S.University, Tirunelveli hosred at Kanyakumari, 16th to 18th August.
21. **Kalidasan,R.**, (2008) Ethics for Physical Educators, National Seminar on Innovative approaches to excellence in Physical Education & Sports, organized by Kongunadu Arts and Science College, Coimbatore, 27th February.
22. **Kalidasan,R.**, (2008) Inter-University tournament organization needs technological advancement, International Conference and Exhibition on Sports Technology, organized at VIT University, Vellore, 26th & 27th March.
23. Balaji, P., and **Kalidasan,R.**, (2008) Construction and development of game-specific competitive anxiety questionnaire for International Cricketers, UGC sponsored National Conference on Scientific temperaments in Physical Education and Sports, organized by SKR College of Physical Education, Kharar, 14th & 15th November.
24. Balaji, P., and **Kalidasan,R.**, (2009) Indian Premier League and its impact on Cricket, UGC sponsored National Conference on Physical Education Sports and the art of Well-being, organized by Bishop Heber College, Trichy, 20th March.

25. Balaji, P., and **Kalidasan,R.**, (2009) Comparison of game-specific competitive anxiety level between chennai city and rest of district Engineering College Cricketers, UGC sponsored National Conference on Role of Sports Sciences and Technology in enhancing Sports Performance, organized by Bharathidasan University, Trichy, 21st March.
26. **Kalidasan,R.**, (2009) Leadership in Physical Education, International Conference on Honing Managerial Skills in sports, organized by Manonmaniam Sundaranar University hosted at Kanyakumari, 20th to 22nd August.
27. **Kalidasan,R.**, (2009) Common Physical Education regulations for Universities in Tamil Nadu, International Conference on Application of Science, Engineering & Technology in Sports, organized by MAM College of Engineering, Tiruchirappalli, 7th & 8th December.
28. Ivinjebakumar, K., Sureshkumar, M., Needhiraja, A., and **Kalidasan,R.**, (2010) e-content based learning in Physical Education with special reference to Hockey, International Conference on e-resources in Higher Education : Issues, Developments, Opportunities & Challenges organized by Bharathidasan University, Tiruchirappalli, 19 & 20 February.
29. **Kalidasan, R.**, (2010) Technology based professional approach in organising of Inter-University tournaments in India, National Conference on Modernization of Research in Physical Education and sports, organized by Sant Gadgebaba Amravati University, Amravati, 8th & 9th March.
30. **Kalidasan, R.**, (2010) Role of e-coaches in sports training, UGC sponsored National Seminar on Role of Modern training in Physical Education and Sports, organized by University of Madras, Chennai, 19th & 20th March.
31. **Kalidasan,R.**, (2011) Exercise therapy, National Workshop on Yoga Therapy, Exercise Therapy and Allied Therapy, organized by Koviloor Andavar Institute of Yoga & Research, Koviloor, 29th January.
32. **Kalidasan,R.**, (2011) Sports Anthropometry – Past, Present and Future” Facts of Sports Science, National Seminar on Prospective approaches and applications in sports science, organized by The M.D.T.Hindu College, Tirunelveli, 4th February.
33. **Kalidasan, R.**, (2011) Sports Anthropometry – Growth and Development, National Conference on use of modern technology in physical education, sports and allied health sciences, organized by Vinayaka Mission’s College of Physical Education, Salem, 11th & 12th February.
34. **Kalidasan, R.**, (2011) Sports in India – needs developmental strategies, National Seminar on Scientific innovations in sports sciences and technology, organized by Selvam College of Physical Education, Namakkal, 5th March.
35. **Kalidasan,R.**, (2011) On-line resources in Physical Education and Sports, UGC Sponsored National Conference on Emerging trends in Physical Education and Sport Sciences, organized by Bharathidasan University, Tiruchirappalli, 12th March.
36. **Kalidasan, R.**, (2011) Organisation of the tournaments, competition and meet constructed by Association of Indian Universities, UGC sponsored National Workshop on Association of Indian Universities Sports organization, organized by University of Madras, Chennai, 25th & 26th March.
37. **Kalidasan,R.**, and Surulinathi, M., (2012) Design and Development of website for department of Physical Education, National Seminar on Physical Education, Sports and Fitness approaching Twenty first century, organized by Alagappa University, Karaikudi, 22nd March.
38. **Kalidasan,R.**, (2012) Doping in Cricket, National Conference on Doping in Sports – Invigoration, Prerequisites and Misapprehensions, organized by National College, Tiruchiappalli, 28th July.
39. **Kalidasan,R.**, (2012) Setting standard in Physical Education in India, UGC Sponsored National Seminar on Physiological aspects of training nutrition recovery and performance, organized by Mannar Thirumalai Naicker College, Madurai 10th August.
40. **Kalidasan,R.**, (2013) Media and its impact on growth and development of Cricket in India, National Conference on Physical Education and Sports – An Inter-disciplinary approach, organized by H.H. The Rajah’s College, Pudukkottai, 23rd February.
41. **Kalidasan,R.**, (2013) Physical education – A need of the society, National Seminar on Physical Education – A need of the society organized by UGC-ASC, Lakshmibai National Institute of Physical Education, Gwalior, 22nd June.

42. **Kalidasan,R.,** and Surulinathi, M., (2013) A bibliometrics analysis of the global yoga literature, UGC Sponsored National Seminar on Yoga towards enhancement in Sports, organized by Seethalakshmi Ramaswami College, Tiruchirappalli, 26th to 28th September.
43. **Kalidasan,R.,** (2014) Diabetes management through specific physical activities and yogic practices, UGC Sponsored National Conference on Physical activities, Sports, Fitness and Dietetics – The Elixir Quartet of Health organized by Bishop Heber College, Tiruchirappalli, 15th February.
44. **Kalidasan,R.,** (2014) Analysis of global soccer literature – A Bibliometric study, UGC Sponsored National Conference on Physical activities, Sports, Fitness and Dietetics – The Elixir Quartet of Health organized by Bishop Heber College, Tiruchirappalli, 15th February.
45. **Kalidasan,R.,** (2014) Technology and its impact on Cricket Umpiring, 1st Malaysian University Sports Council International Conference, Kuala Lumpur, Malaysia, 25th & 26th February.
46. **Kalidasan, R.,** (2014) Diabetes management through yogic exercises, UGC sponsored International Conference on Renaissance in Sports Strategies, Challenges and Choices, organised by National College, Trichy 29 & 30 August.
47. **Kalidasan, R.,** and Udhayakumar, M., (2014) Impact of selected asanas on fasting blood sugar and post prandial blood sugar level among type-2 diabetes mellitus patients, National Seminar on recent trends in sports technology, management and allied sciences, organised by Arumugam Pillai Seethai Ammal College, Tiruppattur, 12 & 13 September
48. **Kalidasan, R.,** (2014) Enhancing the quality of research through ‘institutional ethics committee’, National Seminar on Promotion of yoga, Health awareness and Physical fitness – A multi-dimensional approach, organised by Aditanar College of Arts and Science, Tiruchendur 30 Sept & 1 Oct
49. **Kalidasan, R.,** (2014) Influences of specific physical activities and selected traditional training among type-2 Diabetes patients, National Seminar on Promotion of yoga, Health awareness and Physical fitness – A multi-dimensional approach, organised by Aditanar College of Arts and Science, Tiruchendur 30 Sept & 1 Oct
50. **Kalidasan, R.,** (2015) A Biblometric analysis of the global literature on type 2 diabetes, UGC sponsored two days national level Conference on Role of sports sciences and modern technology for enhancing sports performance, organised by DRBCCC Hindu College, Pattabiram, 6th and 7th February.
51. **Kalidasan, R.,** (2015) Challenges in Higher Education with special reference to Physical Education, UGC sponsored National Seminar on the Role of Sports Sciences in achieving Human Excellence, organised by SRMV Maruthi College of Physical Education, Coimbatore, 13th and 14th March.
52. **Kalidasan, R.,** (2015) A Qualitative analysis of research publications on soccer. UGC sponsored National Seminar on the Role of Sports Sciences in achieving Human Excellence, organised by SRMV Maruthi College of Physical Education, Coimbatore, 13th and 14th March.
53. **Kalidasan, R.,** (2015) Quality and Excellence in Physical Education academic programmes of Higher Education in Tamil Nadu, UGC sponsored National Seminar on sound Body Sound Mind Fitness through Yoga and Sports, organised by G.T.N. Arts College, Dindigul, 25thand 26th March.
54. **Kalidasan, R.** (2016). Training for marking of courts and fields in sports and games in the true north direction diabetes, UGC Sponsored National level Conference on Scientific approach to Sports training & Coaching, YMCA College of Physical Education, Chennai, 23rd January.
55. **Kalidasan, R.** (2016). Impact of specific fitness training package and yogic practices on Fasting blood sugar and post prandial blood sugar level among type 2 diabetic patients, UGC Sponsored National Seminar on Role of Yoga and Technology in enhancing sports performance and populace health, Urumu Dhanalakshmi College, Trichy 28th & 29th January.
56. **Kalidasan, R.** (2016). Influence of selected yogic practice on glycosylated hemoglobin among type 2 diabetes patients, National Conference on Yoga – A Scientific approach, Sri Vasavi College, Erode, 30th January.

57. **Kalidasan, R.** (2016). Sports Management in India, National Conference on training, nutrition and analeptic regimen on corporeal property and high performance in sports, Bharathiar University, Coimbatore 31st March to 1st April.
58. **Kalidasan, R.** (2016). *An analysis of e-literature on the game of Cricket in Sport Sciences*, International Conference International Conference on the Humanities and the Social Sciences (ICHSS-2016), University of Peradeniya, Peradeniya, Srilanka, 27th & 28th July 2016.
59. **Kalidasan, R.** (2018). *A preliminary analysis of standard and newly designed vertical jumping tests among under-graduation physical education trainees*, National Conference on Modern Perspectives of Sports Science and Yoga for the Enhancement of Sports Performance - Proceedings, Ganesar College of Arts and Science, Melasivapuri, 3rd March 2018, 4-5. ISBN: 978-93-5300-491-0
60. Tharmar, K. and **Kalidasan, R.** (2018). *Road map for researching Olympic medals through Physical Education*, National Conference on Modern Perspectives of Sports Science and Yoga for the Enhancement of Sports Performance - Proceedings, Ganesar College of Arts and Science, Melasivapuri, 3rd March 2018, 26-28. ISBN:978-93-5300-491-0
61. **Kalidasan, R.** and Tharmar, K. (2018). An assessment of standing broad jump test and backward standing broad jump test among under graduation Physical Education trainees – A preliminary analysis., National Seminar on Physical Education in Educational Institutions: Modern Trends and Challenges - Proceedings, Dr.Sivanthi Aditanar College of Physical Education, Tiruchendur, 6th & 7th April, 71-75. ISBN: 978-93-80800-89-9.
62. **Kalidasan, R.** (2019). Yama and Niyama for Human Excellence, National Seminar on Role of Yoga for Health and Lifestyle Management, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore, 1st & 2nd March.
63. **Kalidasan, R.** (2020). Development of Curriculum for Fit India Movement in Higher Institution. International Conference on Role of Sports Sciences and Yoga on Human Performance Enhancement, Madurai Kamaraj University, Madurai, 6th & 7th February 2020.
64. **Kalidasan, R.** (2020). Fit India Movement in Higher Educational Institution – An Overview., National Seminar on 'Life Span Motor Development' Manonmaniam Sundaranar University, Tirunelveli, 7th & 8th February 2020.
65. **Kalidasan, R.** (2023). Technology based professional approach in organising the National University Games. Special Symposia on Physical Education and Indigenous Sports. XLVI Indian Social Science Congress. Bharathidasan University, Tiruchirappalli, 27th - 31st January 2023.

Webinar Presentation

1. **Kalidasan, R.** (2020). "Fit India Movement in Higher Education Institutions" in the One-week National level online faculty development programme on the challenge and strategies in teaching / coaching Physical Education for Physical Educational Professional organized by Govt. First Grade College, Hungund, Karnataka on 18th June.
2. **Kalidasan, R.** (2020). "Ethics & Decision making" in the Online Physical Education & Community Coaching Program, organized by SAI, LNCPE, Trivandrum, Kerala on 25th June.
3. **Kalidasan, R.** (2020). "Challenges for Physical Education in Schools during Covid-19" in the Two days National level Webinar on Challenges for Physical Education amidst Covid-19 organised by Dept. of P.G. Studies & Research in Physical Education, Kuvempu University, Shankaraghatta, Karnataka on 8th & 9th September.
4. **Kalidasan, R.** (2021). "A Review on Tokyo Olympics 2020" in the National Webinar on "A Review on Tokyo Olympics 2020", The American College (Autonomous), Madurai on 26th November.
5. **Kalidasan, R.** (2023). "Indian Sports – Past, Present and Future" in the National Webinar UGC Sponsored Faculty Development and Sports Sciences – An Objective Approach, KVR, KVR & MKR College, Khajipalem, Bapatla District, A.P. on 23rd August.

Co-ordinator for Refresher Course in Physical Education - UGC-HRDC

1. Served as the Coordinator for the UGC-Sponsored Online Refresher Course in Physical Education and Sports Science conducted by UGC-HRDC, Bharathidasan University, Tiruchirappalli from 20th October to 2nd November 2021.
2. Served as the Coordinator for the UGC-Sponsored Online Refresher Course in Physical Education and Yoga conducted by UGC-HRDC, Bharathidasan University, Tiruchirappalli from 26th October to 8th November 2023.

Acted as resource person in UGC-HRDC

1. **Kalidasan, R.**, (2021). "Physical Education and Sports – Past, Present and Future" in the Refresher Course in Physical Education, UGC-HRDC, Bharathiar University, Coimbatore, 16th November, Forenoon Session.
2. **Kalidasan, R.**, (2021). "Sports – Past, Present and Future" in the Refresher Course in Physical Education and Yoga, UGC-HRDC, University of Madras, Chennai 7th December, Forenoon Session.
3. **Kalidasan, R.**, (2023). "Walking for Healthy Living" and "Plagiarism" in the Refresher Course in Education / Physical Education, UGC-HRDC, Madurai Kamaraj University Madurai, 28th August, Afternoon Session.

Research Guidance

Recognized **Research Guide** in five Indian Universities.

Doctoral level – Completed

1. Samsudeen.S., Impact of field training with and without Yogic practice on selected Physical, Physiological, Psychological and Performance variables among Cricket players, Bharathidasan University, Tiruchirappalli, 27th January 2012 – Commended.
2. Neethiraja, A., Prediction of Handball playing ability from selected anthropometric, physical, physiological and psychological variables among college level players, Bharathidasan University, Tiruchirappalli, 6th July 2012 – Commended. (URF)
3. Balaji, P., Construction of Competitive anxiety questionnaire and computation of norms for cricket players, Bharathidasan University, Tiruchirappalli, 6th July 2012 – Highly Commended.
4. Palraj, A., Design and development of digital match analysis system for Kabaddi matches, Bharathidasan University, Tiruchirappalli, 16th May 2013 – Commended.
5. Suresh Kumar, M., Construction of Skill tests and computation of norms in Field Hockey, Bharathidasan University, Tiruchirappalli, 8th July 2013 – Highly Commended. (JRF)
6. Devaraju. K., Prediction of playing ability in Kabaddi from the selected Anthropometrical, Physical, Physiological and Psychological variables among College level players, Bharathidasan University, Tiruchirappalli, 8th July 2013 – Commended.
7. Jeyaraman. R., Identification of dominant factors in assessing the playing ability among Badminton players, Bharathidasan University, Tiruchirappalli, 23rd July 2013 – Commended.
8. Ivin Jabakumar, K. Development of E-content for Teaching Hockey skills and its impact on playing ability among Physical Education trainees, Bharathidasan University, Tiruchirappalli, 21st October 2013 - Highly Commended. (URF)
9. Rajkumar, P. Design and development of skill test battery in Ball Badminton, Bharathidasan University, Tiruchirappalli, 12th May 2014 - Highly Commended.
10. Mohan, K. Impact of Lydiard Training on selected physical fitness components physiological psychological and performance variables among male race walkers, Bharathidasan University, Tiruchirappalli, 18th Dec 2014 - Highly Commended-RGNF

11. Nagarajan, A. Impact of contrast training and concurrent training on selected physical Physiological and performance parameters among Kabaddi players Bharathidasan University, Tiruchirappalli, 18th Dec 2014 - Commended
12. Viswanath, S. Biomechanical and Kinanthropometric analysis of Hockey penalty corner push-in, Bharathidasan University, Tiruchirappalli, 15th April 2015- Highly Commended-ICSSR
13. Udhaya kumar, M. Impact of yogic practices on selected anthropometric biochemical and physiological variables among male type-2 diabetes patients, Bharathidasan University, Tiruchirappalli, 15th July 2015 - Commended
14. Vigneshwaran, G. Contribution and Relevance of Soccer on Mankind: A Historical Perspective - An Analytical Study of Scholarly Information, Bharathidasan University, Tiruchirappalli, 8th Sept. 2016 - Highly Commended-JRF
15. Tharmar, K. Design and development of e-learning modules and its impact among national eligibility test aspirants in Physical Education subject, Bharathidasan University, Tiruchirappalli, 7th May 2021 -Highly Commended.
16. Vivek, R. Varied exercise regimen and its impact on blood glucose control among type 2 diabetes patients – A systematic review and meta-analysis, Bharathidasan University, Tiruchirappalli, 28th January 2022 -Highly Commended.

Doctoral level - Waiting for results

1. Purusothaman, A. Influence of Kettle bell and Swiss ball training on selected physical physiological and performance related variables among Badminton players, Bharathidasan University, Tiruchirappalli - Waiting for viva voce examinations date.

Doctoral level - On-going at Bharathidasan University, Tiruchirappalli

Full time Scholars

Bakkiyaraj N
Parthipan S

Part time Scholars

Ganesh S
Rajasekaran R

M.Phil. level – completed

1. Catherine Joy Selvakumari, P., (2007) Effect of yogic exercises on stress management among college students, unpublished M.Phil. thesis, Centre of distance education, Bharathidasan University, Tiruchirappalli, August.
2. Raja Manohari, P., (2007) Psychological differentials among school Basketball, Football and Volleyball players, unpublished M.Phil. thesis, Centre of distance education, Bharathidasan University, Tiruchirappalli, August.
3. Diwan Mohdum, S., (2007) Comparative analysis of selected strength and erpower characteristics among Basketball, Football and Kabaddi players, unpublished M.Phil. thesis, Centre of distance education, Bharathidasan University, Tiruchirappalli, August.
4. Palraj, M., (2008) Sports competitive anxiety and sports achievement motivation differentials among school Basketball, Football and Hockey players, unpublished M.Phil. thesis, Directorate of Distance Education, Annamalai University, Annamalainagar, March.
5. Jahir Hussian, H., (2008) A comparative analysis of three different methods of teaching on selected batting skills in cricket, unpublished M.Phil. thesis, Directorate of Distance Education, Annamalai University, Annamalainagar, March.

6. Solomon Prabakaran, I., (2008) Prediction of discus throwing performance from selected anthropometrical and physical variables among school discus throwers, unpublished M.Phil. thesis, Directorate of Distance Education, Annamalai University, Annamalainagar, March.
7. Gnanasekar, P., (2008) Effect of varied packages of training on selected motor fitness and performance variables among Volleyball players, unpublished M.Phil. thesis, Directorate of Distance Education, Annamalai University, Annamalainagar, March.
8. Selvakumar, R., (2008) Influence of game-specific field training with and without yogic practices on selected physical, physiological and performance variables among Kabaddi players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
9. Muthumani, K.M., (2008) Analysis Psychological differentials among School, College and University level Hockey players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
10. Nagarajan, A., (2009) Analysis of selected physical fitness components and psychological factors among the Arts & Science, Engineering and Polytechnic College Kabaddi players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
11. Rajkumar, P., (2009) A comparative analysis of selected physical fitness components and psychological factors among Football, Handball and Hockey players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
12. Senthil kumar, V., (2009) Effect of game-specific drills on selected skill related fitness components and performance factors among Hockey players, Directorate of Distance Education, Vinayaka Missions University, Salem, September.
13. Kalaichelvam, M., (2009) Impact of Strength training package on selected motor fitness components and performance factors among college level football players, unpublished M.Phil. thesis, Directorate of distance education, Annamalai University, Annamalainagar, December.
14. Pradeep Kumar, K., (2010) Comparison of balance, core stability and strength among college level Football, Hockey and Kabaddi players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, May.
15. Karthikeyan, R., (2010) Influence of game-specific training programme on selected physical fitness components and performance factors among Kabaddi players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
16. Sajeesh kumar.S., (2010) Comparative analysis of selected anthropometrical, physical fitness and psychological variables among Kalarippayattu, Karate and Physical Education students, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
17. Prem Edwin, A., (2010) Effect of target shooting practice on accuracy in goal scoring among school Football players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October.
18. Sathiyavathi, P., (2010) Construction of physical fitness norms for higher secondary school girls in Namakkal district, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October.
19. Sujatha, R., (2010) Psychological differentials among college Football, Handball and Volleyball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October.
20. Maheswari, S., (2010) Effect of yogic practices on agility, flexibility and leg explosive power among the school girls, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, December.
21. Muthuraman, N., (2010) Self-confidence of ability and fear of social consequences differentials among School, College and University Kabaddi players, unpublished M.Phil. thesis, Directorate of Distance Education, Annamalai University, Annamalainagar, December.
22. Vinothkumar, G., (2011) Psychological differentials among college kabaddi, kho-kho

and throw ball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, April.

23. Rameshkumar, S., (2011) Analysis of selected psychological variables among high, medium and lowlevel achievers of Handball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
24. Praveen, T.S., (2011) Effect of game-specific strength training on selected physical, physiological and performance variables among kabaddi players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
25. Chandramohan, P., (2011) Profile of identical twins' sportsman, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, June.
26. Arivalagan, S., (2012) Effects of two different packages of training of selected physical fitness components among school volleyball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October.
27. Muthukrishnan, G., (2012) Effects of laughter therapy on selected physiological variables among sportsperson and non-sportsperson, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October.
28. Purusothaman, A., (2012) Analysis of selected physiological and psychological factors among the various age categories Badminton players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October.
29. Murugan, C., (2013) Position-wise analysis of selected physical and physiological variables among basketball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, March.
30. Bharani, M., (2013) Anthropometrical, physical and physiological differentials among Village, Municipality and Corporation schools students, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, March.
31. Harsha, P.D., (2013) Influences of ladder and staircase trainings on selected physical fitness components and performance variables among football players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, August.
32. Sathiyaraj, S., (2013) Video analysis of teams' performance in twelfth world cup hockey men championship 2010, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, August.
33. Grace Kamalam A (2017). Influences of Ladder drills and Resistance training packages on selected Physical fitness components and Physiological variables among Football players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, August
34. Balaji.D (2017). Effect of varied interval training packages on selected physical fitness components and physiological variables among Football players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October
35. Pon Selvaraj.D.K. (2017). Effect of cardio workout on the floor and cardio machines on selected health related fitness variables among engineering college students, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October
36. Sahaya Arun.V. (2017). Effect of SAQ training on selected kinanthropometric motor fitness and performance variables among Football players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October
37. Oorainyan K (2018). Effect of Handball specific aerobic training on motor fitness components among Handball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, August.
38. Preethi V (2018). Effectiveness of circuit training with and without yogic practices on selected physical fitness components among Kabaddi players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, August.
39. Rajesh S (2018). Influence of Plyometric training programme on selected physical and physiological variables among Volleyball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, August.

40. Naveen R (2019). Effect of Plyometric training on selected physical fitness components and skills performance variables among basketball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, September.
41. Muthupandi K (2020). Effect of staircase training on selected strength & power parameters and skill performance variables among volleyball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, December.
42. Sathish K (2021). Impact of Eight shape walking training on selected physical fitness components and physiological variables among college men, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, September.
43. Suguna V (2021). Impact of Kapalabhati practices on selected physiological parameters among middle age women, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, September.
44. Maya Bala Krishnan S (2022). Effect of proprioceptive training on selected motor fitness components and performance variables among Soccer players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October.
45. MD.Javid (2022). Impact of treadmill and elliptical training packages on selected motor fitness components and performance variables among Hockey players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, October.
46. Meena K (2022). Effect of fit light training on selected motor fitness components and physiological variables among College Handball players, unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, November.
47. Nitish Kumar (2023). Impact of Battle Rope and Slackline training packages on selected Physical fitness components and Physiological variables among Cricketers. unpublished M.Phil. thesis, Bharathidasan University, Tiruchirappalli, November.

Membership in the Professional bodies

- Life member of Indian society for sports scientist.
- Life member of Sports Psychology Association of India.

Editorial Board

- Chief Editor, Star Research – An International Online Journal.
- Associate Editor, International Journal of Recent Research and Applied Studies.
- Associate Editor, International Journal of Physical Education, Fitness and Sports.

Advisory Board

- ✓ Member of the core committee that looked after the International Congress on Renaissance in Sports – Strategies, Challenges and Choices, held on 29th & 30th August 2014.
- ✓ Member of peer review committee of International Journal of Health, Fitness & Sports Science.

Highest Sports Achievements

- Played South Zone Inter-University Cricket tournament thrice during 1992-93 (at Mysore University), 1993-94 (at Mangalore University) and 1995-96 (at Sri Venkateswara University)

Conference / Workshop / Seminar organized

- International Society for the Advancement of Kinanthropometry (ISAK) Level one Anthropometrist training course at Bharathidasan University, Tiruchirappalli from 5th to 7th April 2011.
- International Society for the Advancement of Kinanthropometry (ISAK) Level two Anthropometrist training course at Bharathidasan University, Tiruchirappalli from 3rd to 5th April 2011.
- UGC Sponsored National Conference on Emerging Trends in Physical Education and Sports Sciences at Bharathidasan University, Tiruchirappalli on 12th March 2011.
- UGC Sponsored National Workshop on Statistical Software Applications in Physical Education and Sports Science research at Bharathidasan University, Tiruchirappalli on 18th & 19th March 2012.
- UGC Sponsored National Workshop on Sports Biomechanics at Bharathidasan University, Tiruchirappalli on 19th December 2016.
- Served as Co-ordinator for Workshop on Physiotherapy Skills on at Bharathidasan University, Tiruchirappalli 3rd September 2018.
- One day National Workshop on Tennis and Racketlon at Bharathidasan University, Tiruchirappalli on 23rd March 2019.

Other events organized

- Co-ordinated the torch run in connection with World Classical Tamil Conference 2010 from Thirukkuvalai to Authur covering 210 kms from 18.06.2010 to 20.06.2010.
- Organised the UGC Sponsored Adventure activity - Trekking at Kodaikanal from 22.07.2011 to 31.07.2011 which was attended by 30 men students.
- Ten-day UGC Sponsored Adventure Activity - Cycle safari was organised by the Department of Physical Education, Bharathidasan University, Trichy from 3rd to 12th December 2011, thirty students including 5 girls, participated in cycle safari and cover 454 kms.
- WALKATHON-2021 as part of FIT INDIA CAMPAIGN organised by the Department of Physical Education and Yoga, Bharathidasan University, Tiruchirappalli on 23rd March 2021.
- Served as the Coordinator for the UGC-Sponsored Online Refresher Course in Physical Education & Sports Science organized by UGC-HRDC, Bharathidasan University, Tiruchirappalli from 20.10.2021 to 02.11.2021

Workshop / Clinic attended

1. Attended Cricket Umpire Clinic from 30.08.1993 to 08.09.1993 organised by Dinamalar at Madurai.
2. Participated in Workshop in Basketball organised by Alagappa University College of Physical Education, Karaikudi from 7th to 9th September 1995.
3. Participated in the 'TA 101 Certificate training' organised by The International Transactional Analysis Association, Inc at Coimbatore on 14th & 15th Oct 2000.
4. Attended two day workshop 'A journey to the far side of the mind' organised by Child & Relations at Hotel Surya International, Coimbatore on 22nd & 23rd Sept 2001.
5. Attended the 26th Annual Conference of Indian Association of Sports Medicine at Hotel Savera, Chennai on 8th & 9th Jan 2005.
6. Participated in the three days National Workshop on Computerized Statistical Application in Physical Education and Sports Research at Annamalai University, Annamalainagar from 6th to 8th March 2007.

7. Participated in the state level conference on personality development jointly organised by Tamil Nadu Physical Education and Sports University and RCCPE at Ramakrishnan Chandra College of Physical Education, Cumbum on 1st May 2007.
8. Attended Workshop on Application of SPSS for data analysis from 5th to 7th September 2007 conducted by Everonn Learning Academy, Madurai.
9. Attended the International Society for the Advancement of Kinanthropometry (ISAK) Level one Anthropometrist training course at Sports Medicine Centre, West Bengal State Council of Sports, Kolkata from 17th to 21st Dec 2007.
10. Participated in the 'Orientation Workshop on E-Content Development' jointly organised by Consortium for Educational Communication, New Delhi & Dept. of Educational Technology, BDU at Bharathidasan University, Tiruchirappalli from 12th to 16th May 2008.
11. Attended the National Seminar on Software based Statistical Application in Physical Education at Ramakrishna Mission Vivekananda University, Coimbatore on 17 & 18 Dec 2010.
12. Participated in National Workshop on Yoga for health and social transformation at Thiru. Vi. Ka. Government College, Tiruvarur on 14th March 2011.
13. Participated in International Society for the Advancement of Kinanthropometry (ISAK) Level two Anthropometrist training course at Bharathidasan University, Tiruchirappalli from 5th to 7th April 2011.
14. Attended one day National Workshop on 'Trends and Technologies in Sports' organised by Dr.Sivanthi Aditanar College of Engineering, Tiruchendur on 3rd June 2015.
15. Participated in the Workshop on 'Innovative Curriculum Designing and Evaluation' organised by Curriculum Development Cell, Bharathidasan University, Tiruchirappalli on 13th August 2015.
16. Participated in the one-day awareness cum training programme on 'Shodhganga ETD Database' organised by University Library, Bharathidasan University, Tiruchirappalli, 6th November 2015.
17. Participated in the UGC Sponsored One Day International Workshop on Content Management System using Drupal, at Bharathidasan University, Tiruchirappalli on 23rd February 2017.
18. Participated in the UGC Sponsored Two Day Workshop for Academic Administrators on Institutional Assessment and Accreditation, at Bharathidasan University, Tiruchirappalli on 12th & 13th March 2018.
19. Participated in the DST-PURSE Sponsored National Workshop for Big Data, Research Data & Libraries, at Bharathidasan University, Tiruchirappalli on 23rd & 24th March 2018.
20. Participated in the Orientation Workshop on SWAYAM, at Bharathidasan University, Tiruchirappalli on 3rd May 2018.
21. Participated in the Seminar cum Workshop on A Primer on Intellectual Property, at Bharathidasan University, Tiruchirappalli on 30th July 2018.
22. Participated in the National Workshop on Digital Learning Resources, at Bharathidasan University, Tiruchirappalli on 14th December 2018.
23. Participated in the Online Training Programme on Academic Leadership organized by CALEM, UGC-HRDC, Aligarh Muslim University, Aligarh from 6th to 12th February 2021.

Orientation / Refresher Courses attended

- Participated in the Orientation Course from 01.11.2007 to 28.11.2007 at UGC-Academic Staff College, Bharathidasan University, Tiruchirappalli.
- Attended BCCI Umpire's Level-I Refresher Course at National Academy for Umpires, VCA, Nagpur from 9th to 12th August 2010.

- Participated in the Refresher Course in Physical Education from 04.06.2013 to 24.06.2013 at UGC- Academic Staff College, Lakshmibai National Institute of Physical Education, Gwalior.
- Participated in the Refresher Course in Physical Education from 15.11.2016 to 05.12.2016 at UGC-HRDC, Lakshmibai National Institute of Physical Education, Gwalior.

Personal profile

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